



WHAT MAKES NANCI'S

DIFFERENT?



*Superior nutrition*

*No table sugar*

*Just add water*

*Easy to store and use*

*Low calorie/low carb*

**YES, there really is a Nanci,  
and no, all frozen yogurts  
are NOT the same.**



## HIGHER QUALITY ... LOWER COSTS



Nanci's premium yogurt is made from dry powder base mixes that are specially formulated to be extra creamy and smooth ... and they only require water - no extra milk is required. As a result, Nanci's mixes are much easier to use, and they provide significant cost savings.

## EXPECT "LESS" FROM YOUR YOGURT

Nanci's mixes contain no/low fat, no cholesterol, and no table sugar. Nanci's also has Stevia-sweetened mixes with no refined sugar. Superb taste, superior flavor, rich and creamy texture, and exceptional health benefits put Nanci's products in a class of their own.



## MORE FLAVORS TO SAVOR

With more than 100 flavors, you can always find your favorite combination.

## MADE WITH FRUIT SUGAR, NOT TABLE SUGAR

Nanci's mixes are made with pure fructose, the sweetener found in fruits and berries. Nanci's contains no table sugar (sucrose) or honey. Since fruit sugar is not as dependent on insulin for digestion, many people with sugar-related problems can enjoy Nanci's.

# Nanci's

vs

# Others

100% NATURAL

## FRUIT SUGAR

Pure Crystalline Fructose  
and

## STEVIA



enhances flavors

I can keep going.

"improves endurance"  
-Runner's World



Fructose is absorbed slowly resulting  
in minimal blood-sugar swings.



better for teeth

results in LESS calories

Glycemic Index=0-20

100% NATURAL

## CANE SUGAR

Sucrose  
and

## HIGH FRUCTOSE CORN SYRUP



masks flavors, heavy sweet

Requires insulin.  
Possible blood  
sugar problems.

I'm hungry.

(stimulates hunger)



adds pounds

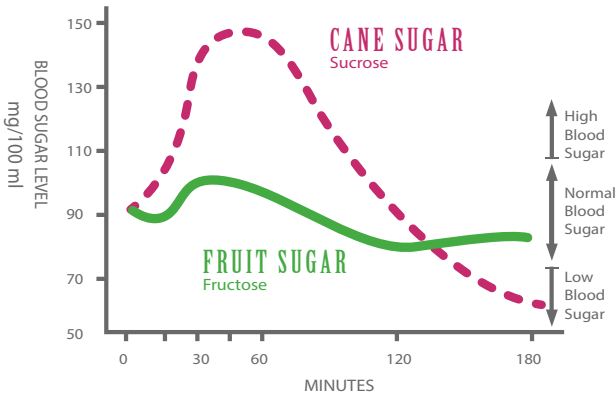
creates SUGAR SPIKES  
with HIGHS & LOWS



promotes tooth decay

results in MORE calories

Glycemic index=61-87



Nanci's uses the **IDEAL**  
sweeteners for optimal  
**health benefits** and  
superior **texture** and **taste**.

# Nutrition Facts per Serving

Serving size: 1/2 cup prepared (83 grams)

	Calories	Calories from fat	Fat	Cholesterol	Sodium	Carbs	Sugar
<b>Low-Fat Vanilla</b> Frozen Yogurt	90	20	< 2 g	0 mg	40 mg	18 g	14 g
<b>Non-Fat Vanilla</b> Frozen Yogurt	80	0	0 g	0 mg	70 mg	20 g	15 g
<b>Non-Fat Chocolate</b> Frozen Yogurt	80	0	0 g	0 mg	65 mg	19 g	16 g
<b>Plain Tart Base</b> Non-Fat Frozen Yogurt	80	0	0 g	0 mg	20 mg	20 g	17 g
<b>Fruit Freezer</b> Non-Dairy Sorbet	80	0	0 g	0 mg	15 mg	21 g	11 g
<b>No Refined Sugar Vanilla</b> Sweetened with Stevia	70	10	1 g	0 mg	100 mg	13 g	7 g
<b>No Refined Sugar Chocolate</b> Sweetened with Stevia	70	0	< 1 g	0 mg	15 mg	17 g	7 g



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